



Guide to watching “13 Reasons Why”

Episode 10

Notice

- Hannah had a history of harrasing a girl at her old schoolHer ghost syas it w easier to be one of them than to be that girl.
- Jessica realizes Nina hasn't worked through her own situation even though she's advising Jessica. The two argue because Nina gets defensive about opening up.
- Notice Zach walks off the field in the middle of an important baseball game. Quitting something he used to love.
- Jackie leaves Olivia, which means she's essentially alone.
- Tyler loses his only friend, Cyrus, after things go wrong at a concert over Cyrus's sister.
- They find a picture of Chloe being raped by Bryce.

Invite

- + Clay admits that he's angry all the time. Ghost Hannah tells him he should tell someone who's alive and can help him.
- + Ryan offers to go to court to support Tony since his parents aren't going.
- + Tyler's parents confront him and tell him it's okay to go to them or a teacher instead of trying to figure things out himself.

Challenge

- + Tony says Hannah challenged him. He also said they kept each other's secrets. He should have challneged himself to tell a trusted adult about anything concerning.
- Hannah could have challenged her friends at her old school not to treat the girl they harrassed poorly.

Empower

- + Justin empowers himself. He's ready to turn his life around.
- + Mr. Porter wants to help Justin get his life sorted out.
- + Alex empowers himself with a job at the pharmacy.
- + Jessica empowers females by saying that women don't just "get themsleves into bad situations." when talking about the clubhouse.

Resources

- + benice. org
- + Suicide Prevention Lifeline 1-800-273-8255
- + Crisis Prevention Textline 741741
- + <http://www.13reasonswhy.info/>